

Report to Southern Wiltshire Area Board

Date of meeting 1 June 2017

Title of report Health and Wellbeing Funding

# **Purpose of the Report:**

- a) To consider the applications for funding listed below together with the recommendations of the Health and Wellbeing Group.
- b) To provide an update on the intergenerational project taking place in Downton.

### a) Grants:

Applicant	Amount requested
Music for Wellbeing CIC	£1407.01
Laverstock Memory Group	£4000.00
Amount requested at this meeting	£5407.01
Budget for 2017/18	£6700
Amount spent to date	£0

### 1. Main Considerations

- 1.1. Councillors will need to be satisfied that Health and Wellbeing Groups awarded in the 2017/2018 year are made to projects that can realistically proceed within a year of it being awarded.
- 1.2. Councillors will need to be assured that carers, older and/ or vulnerable people will benefit from the funding being awarded. The money must be used to invest in projects that will support adults living within a community area. While not exclusively restricted to older people, the investment should be made in such a way as to make the maximum impact on health and wellbeing within a given community area.
- Councillors will need to ensure measures have been taken in relation to safeguarding older and vulnerable people.

### 2. Environmental & Community Implications

Health and Wellbeing Funding will contribute to the continuance and/or improvement of cultural, social and community activity and wellbeing in the community area, the extent of which will be dependent upon the individual project.

# 3. Financial Implications

Financial provision had been made to cover this expenditure

- 3.1. Southern Wiltshire Area Board was allocated £6700
- 3.2. The Southern Wiltshire Area Board Health and Wellbeing Funding balance for 2017/18 is £6700

- 3.3. All decisions must fall within the Health and Wellbeing Funding allocated to Southern Wiltshire Area Board.
- 4.4 If funding is awarded in line with the Health and Wellbeing recommendations outlined in this report

# 1. Legal Implications

There are no specific legal implications related to this report.

### 2. Human Resources Implications

There are no specific human resources implications related to this report.

### 3. Equality and Inclusion Implications

Ensuring that Community Area Boards and Health and Wellbeing Groups fully consider the equality impacts of their decisions in designing local positive activities for young people is essential to meeting the Council's Public Sector Equality Duty.

### 4. Safeguarding Implications

The Area Board has ensured that the necessary policies and procedures are in place to safeguard children and young people. The Community Engagement Manager has assessed this application agreed it meets safeguarding requirements.

# 5. Applications for consideration

Application ID	Applicant	Project Proposal	Requested
1	Music for Wellbeing CIC	Music project	£1407.01

### **Project description**

The project will pilot 2 short-term projects for people in 2 communities who are living with long-term conditions such as dementia, Parkinson's, post-stroke and frailty, including carers. However, the sessions would also be open to the wider community as the project's aim is to promote community cohesion, reduce isolation as well as encouraging people to move more. The project will work with Downton Good Companions group and Laverstock Memory Group.

The circle dance sessions will provide a safe, accessible space for people to learn and create dance and music together, thus increasing social contact, physical activity, emotional wellbeing and creativity.

**Input from CEM:** This project meets the criteria and will deliver a programme of activities as a pilot project for the area. Full evaluation of the project will be presented to the Area Board upon completion.

Application ID	Applicant	Project Proposal	Requested
2	Laverstock Memory Group	Laverstock Memory Group	£4000

#### **Project description**

The Group provides on-going support for people with dementia with a leader who has over thirty years experience in this field.

Members meet in the leader's home in Laverstock on a weekly basis. They discuss ways of coping with the challenges of living with dementia. They realise they are not alone and encourage and learn from each other.

At the same time, family carers meet in another room to share their experience and practical

advice, as well as emotionally supporting each other.

Both groups work to help create dementia friendly communities in our area.

See attached application and appendices

**Input from CEM:** This project meets the criteria and targets dementia, an Area Board theme. Having visited the group it provides important support for people with dementia and their carers.

**Appendix 1:** Music for Wellbeing CIC application

**Appendix 2**: Laverstock Memory Group & supporting docs.

- b) Update on intergenerational project in Downton:
  - Dates for sessions agreed with the Trafalgar School
  - Flyers advertising the welcome Afternoon Tea (24/5/17) and following sessions have been placed in numerous business premises in and around Downton; Leisure Centre, Post Office, Surgery, church groups, pubs, Coop, day clubs etc
  - Have attempted to inform and attract as many people with varied interests as possible, directly and through family members.
  - To date 5 expressions of interest have been registered with Age UK Wiltshire (Salisbury Office)
  - Collaboration with Ashley Grange Nursing Home is in place
  - Trafalgar School IT team are prepared to share knowledge and coach IT novices to learn and use new digital skills
  - Wiltshire Online are also participating, particularly through provision of their website to encourage people to learn and gain access to numerous useful websites
  - Age UK Wiltshire volunteers will provide administrative support at the sessions and welcome participants.
  - Downton Link is also engaged in case transport requirements are logged.

No unpublished documents have been relied upon in the preparation of this report

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